

# Anatomy for Figure Drawing Materials List

## Lacey Lewis School of Realist Art

I recommend the following materials for drawing students or classes for the study of anatomy:

### **Toned Papers**

Just about any sturdy middle gray or tan paper will work. My favorite papers keep being discontinued, so these materials lists often need updating. Here are my latest recommendations:

- Strathmore Toned Gray or Toned Tan
- Hahnemuhle The Grey Pad or The Cappuccino Pad
- Fabriano's Toned Papers (Sand, Clay, Sea, Moss)
- Stonehenge Kraft Paper
- Canson's Mi Tientes (I prefer the smooth side.)



### **Drawing Board**

I recommend getting an 18" x 24" smooth sheet of masonite/hardboard along with some clips or masking tape, rather than purchasing a drawing board with permanently attached clips and a handle, which tend to get in the way of drawing. I usually have plenty of these boards at the studio if you don't feel like hauling one back and forth to class.

### **Charcoal Pencils**

I strongly prefer General's charcoal pencils since they seem to get less sticky than other brands. Get medium (2B) and hard (HB) but skip the soft and extra soft pencils as they are more difficult to sharpen without breakage.

### **White Charcoal**

Again I prefer General's brand white charcoal pencil to avoid stickiness.



### Kneaded Eraser

Any brand, malleable gray eraser.



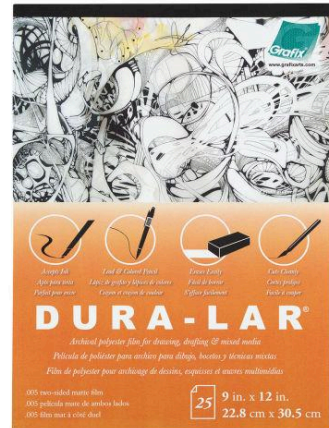
### White Stick Eraser

I recommend General's stick eraser which looks like the Tuff Stuff eraser, below. Another good brand is Tombow's Mono series of stick erasers that come in different sizes. Either way, you should get eraser sticks that look like the picture below, along with a matching holder.



### Dura-Lar Matte Film or Good Tracing Paper

This will be used for creating anatomical overlays. Dura-Lar Matte Film is super transparent, so it's easy to see images underneath. It's more expensive, but in this way superior to tracing paper.



Tracing paper can work too, but check to make sure it's easy to see through. Some tracing papers are actually quite opaque! If you have trouble, you can use a window or a light box to assist.

### Colored Pencils in Red, Black, and White

These will be used on the Dura-Lar for anatomical drawings, but also create really nice renderings of musculature when used on toned papers. There's no strong brand preference here, just make sure they leave a good amount of color when you draw with them.